

Slovenian Hypertension Society



invitation to the

International Symposium

**Joining forces. Improving outcomes.**

**Focusing on practical solutions**

Date:

28 March 2025

Organiser:

Slovenian Hypertension Society

Speakers:

**Moderator Assist. Prof. Jana Brguljan Hitij, MD, PhD, Slovenia**

Current Vice President of Slovenian Hypertension Society and President in 2006-2022,  
University Medical Centre Ljubljana, Slovenia

**Prof. Reinhold Kreutz, MD, PhD, Germany**

President of the European Society of Hypertension in 2019-2022, Director of the Institute of Clinical  
Pharmacology and Toxicology, Charité – Universitätsmedizin Berlin, Germany

**Prof. Andrzej Januszewicz, MD, PhD, Poland**

Vice President of the European Society of Hypertension,  
Head of Department of Hypertension, National Institute of Cardiology Warsaw, Poland

**Assist. Prof. Jacek Wolf, MD, PhD, Poland**

Associate Professor in Division of Hypertension and Diabetology,  
Medical University of Gdansk, Poland

**Assist. Andrej Erhartič, MD, Slovenia**

President of the Slovenian Hypertension Society,  
University Medical Centre Ljubljana, Slovenia

Venue:

Novo mesto, Slovenia

## SCIENTIFIC PROGRAMME

Introduction by Assist. Prof. Jana Brguljan Hitij, MD, PhD  
11:00–11:15

Plenary lecture by Prof. Reinhold Kreutz, MD, PhD  
11:15–11:30

### **A dual start with a single pill – the basic therapy for hypertension management**

- Why are SPCs (single-pill combinations) so strongly preferred in recommendations?
- Why do we need to address low SPC usage and its impact on hypertension control rates?

Round table discussion among invited speakers  
11:30–12:10

### **Getting things done – practical approaches to improving outcomes #1**

- Local approaches to enhance SPC usage

12:10–12:40  
Coffee break

Round table discussion among invited speakers  
12:40–13:20

### **Getting things done – practical approaches to improving outcomes #2**

- Decision-making when choosing SPCs with diuretics
- The importance and impact of real-world evidence (RWE)

Satellite symposium (Krka, d.d., Novo mesto)  
13:20–13:50

### Programme Committee:

Jana Brguljan Hitij, Andrej Erhartič, Reinhold Kreutz,

### Faculty:

Jana Brguljan Hitij, Andrej Erhartič, Reinhold Kreutz, Andrzej Januszewicz, Jacek Wolf